

Suggested Recipe Resources for the CalFresh Healthy Living Audience

The following are suggested approved recipe resources for CalFresh Healthy Living:

- Recipes included in any curriculum on the <u>California CalFresh Healthy Living</u> Integrated Curricula List
- California Department of Public Health, CalFresh Healthy Living (CDPH, CFHL) website, Public Resources Cookbooks:
 - Everyday Healthy Meals
 - o Flavors of My Kitchen English
 - o Flavors of My Kitchen Spanish
 - o Healthy Chinese Cuisine
 - Kids Get Cookin' English
 - o Kids Get Cookin' Spanish
 - o Soulful Recipes
- CalFresh Healthy Living website, Recipes available in English and Spanish
- CDPH, CFHL website, Recipe Cards Library
- SNAP-Ed Connection, Recipes
- Food Hero, Oregon State University, Healthy Recipes
- EatFresh.org, Recipes
- Cooking Matters, Recipes
- Other Extension agency recipes
- Other SNAP-Ed approved recipes from other states

*Note: This is not an exhaustive list of resources for obtaining recipes appropriate for use with SNAP-Ed audiences. For recipe questions please contact your State Implementing Agency representative.